



The Role of Pancasila and Citizenship Education in Counseling Guidance

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Abstrak

Pendidikan pancasila dan kewarganegaraan adalah mata pelajaran yang dipakai selaku sarana buat meningkatkan serta melestarikan nilai luhur serta akhlak yang bersumber pada adat bangsa Indonesia. Riset ini bermaksud untuk mengetahui peran pendidikan pancasila serta kebangsaan dalam bimbingan konseling. Metode penelitian yang dipakai merupakan literature review dengan memakai search engine google scholar dengan jumlah 62 postingan. Hasil diperoleh 8 postingan yang sudah penuh patokan inklusi serta eksklusi mengenai kedudukan pendidikan pancasila serta kebangsaan dalam edukasi pengarahan. Hasil riset yang melihat ruang lingkup membuktikan jika pendidikan pancasila dan kebangsaan dalam edukasi pengarahan dapat menaikkan pembangunan kepribadian peserta didik, dapat menanamkan jiwa patriotisme serta cinta tanah air yang besar, serta dari semangat patriotisme yang besar inilah lahir sumber energi manusia yang berkualitas untuk pembangunan bangsa serta negara.

Kata Kunci: Pendidikan pancasila dan kewarganegaraan, Bimbingan Konseling

Abstract

Pancasila and citizenship education are subjects that are used as a vehicle to develop and preserve noble and moral values rooted in the culture of the Indonesian nation. This study aims to determine the role of Pancasila and citizenship education in counseling guidance. The research method used is a literature review using the Google Scholar search engine with a total of 62 articles. The results obtained 8 articles that have met the inclusion and exclusion criteria about the role of Pancasila and citizenship education in counseling guidance. The results of the research that look at the scope show that Pancasila and civic education in counseling guidance can improve the character development of students, can instill a high spirit of nationalism and love for the homeland, and from this high spirit of nationalism, quality human resources are born for the development of the nation and state.

Keywords: Pancasila education and citizenship, Counseling Guidance

Introduction

Education is the provision of guidance or leadership consciously by educators on the physical and spiritual development of students towards the formation of the main personality (Bhughe, 2022). One of the important components in the education system is the teacher himself. According to the National Education System Law on Teachers article 39 paragraph 2 in E. Mulyasa 2015: 197 "Educators are professionals in charge of planning and implementing the learning process, assessing learning outcomes, conducting guidance and training, as well as conducting research and community service, especially for educator at university (Jaelani & Dewi, 2021).

Teachers here have a very important role in education. The role of a teacher is that the teacher as an educator is a role related to the task of providing assistance and encouragement (support), the task of

supervision and guidance (supervisor) as well as tasks related to disciplining students to comply with school rules and norms of life in the family and community. . One of the subjects related to behavior and norms is the subject of Pancasila and Citizenship Education (Sutrisno, 2020).

Pancasila and citizenship education are subjects that are used as a vehicle to develop and preserve noble and moral values rooted in the culture of the Indonesian nation. But lately, the morale of students has decreased. It can be seen from the level of quality deviation or delinquency committed by students. Student delinquency is a behavior that deviates or violates the rules of law by individuals or groups within the school environment and can harm themselves and others. Especially at the age of adolescence, adolescence is an unstable period because adolescence is a period of transition from childhood to adulthood. Progress towards

maturity requires serious attention. Based on the results of observations and interviews with Pancasila and Citizenship Education teachers, researchers saw deviant behavior among students including fighting against the teacher, dressing not according to applicable rules, smoking in the school environment, speeding on the road, dating, playing truant when the learning process takes place and lie (Jannah et al., 2021).

Pancasila and civic education teachers can synergize in carrying out the role of providing Guidance and Counseling (BK) services to students in schools, both primary and secondary education levels. Humans in their lives always face problems that come and go. One problem can be solved, another problem arises, and so on. Humans are not the same as each other, both in nature and in their abilities. Humans need to know themselves well. Because by knowing themselves, they will act appropriately according to the abilities that exist in them. BK is the provision of assistance to students, both individually and in groups, regarding the problems faced so that they can be independent and develop optimally (Riswanto, 2019).

Guidance is a process of helping individuals to understand themselves and their world, so that they can utilize their potentials. Counseling is a contact or reciprocal relationship between two people (counselor and client) to deal with client problems, supported by expertise in an atmosphere of harmony and integration, based on applicable norms for purposes that are useful to the client (Jannah et al., 2021)

Based on the problems above, the researchers were interested in conducting a literature review study with the title "The Role of Pancasila Education and Citizenship in Counseling Guidance".

Method

Inclusion Criteria Framework and Exclusion Criteria

Inclusion criteria articles:

- 1) Articles are published in English and Indonesian.
- 2) Articles published in 2012-2022.

- 3) The article discusses the role of Pancasila and civic education in counseling guidance.

Article Exclusion criteria:

Opinion articles, reports and comments.

Search Flow

Search literature using articles in 2012-2022 using English and Indonesian language limits, free full text, data for the last 10 years. Keywords must appear in the title/abstract. The articles used are from the Google Scholar search engine. Search by keyword ((((((“Pendidikan Pancasila”) OR (“pendidikan kewarganegaraan”)) OR (“PKn”)) OR (“PPKn”)) AND (“Bimbingan Konseling”)) OR (“BK”)), the next stage is the selection of articles in accordance with the criteria set by the researcher and in accordance with the research questions. The articles that appear are then sorted until no similar article titles are found. Then sorted based on the inclusion and exclusion criteria that have been determined. The final result is the articles that will be analyzed.

Article Extraction

The obtained articles are then extracted. Extraction of articles by author, country, year, number of samples used, and search results performed and database items.

Results and Discussion

Results

The identification results obtained from the search method on Google Scholar obtained up to 62 search data results. Finder contains selections that include the same search data results and with the same search title. After the screening step by matching the study data with the inclusion criteria set by the researcher, including the study of the role of Pancasila and citizenship education in counseling guidance in the full text of the 2012-2022 article. The results of the research are collected and selected to include documents that meet the research criteria. It was found that 8 articles that matched the research criteria were collected and continue to provide important reflections to get the best evidence on the role of Pancasila and civic education in counseling guidance. The results of the research that look at the

scope show that Pancasila and civic education in counseling guidance can improve the character development of students, can instill a high spirit of nationalism and love for the

homeland, and from this high spirit of nationalism, quality human resources are born for the development of the nation and state.

Tabel I. Extraction Article

No	Author	Year	Sample	Results
1	Untari & Nurfitriana	2019	Pancasila and Citizenship Education teachers, school principals, Aqidah Akhlaq teachers, homeroom teachers for class VIII B, and 15 students at MTs Al-Khairiyah Kepandean.	The results of this study illustrate that the role of Pancasila education teachers and civic education in overcoming student delinquency at MTs Al-Khairiyah Kepandean is carried out through the role of a mentor, a role as a moral agent, a role as a communicator and a role as a model. The forms of student delinquency at MTs Al-Khairiyah Kepandean are included in a-social and a-moral delinquency and can be categorized into mild delinquency.
2	Pebriyani	2018	Citizenship Education Teacher	Negative understanding will have an impact on negative treatment and positive understanding will treat the world positively. Given the importance of emotional and spiritual intelligence for individuals to find the real meaning of life, educators should recognize, understand and develop this intelligence from an early age. With understanding and introduction from the beginning, it is hoped that character building efforts will produce a solid personal building as a foothold for building higher quality Indonesian human resources. This requires the cooperation of educators, especially Citizenship Education (PKn) teachers in synergy with Guidance and Counseling (BK) teachers.
3	Fitriasari	2020	Pancasila and citizenship education teachers and students	The results show that the process of character building based on Pancasila values requires the strategic role of teachers as professional educators. Habituation and exemplary methods are appropriate methods in character education in Pancasila learning and civic education. The two ways cannot be separated from the role of the teacher as an educator. This is the essence of strengthening Pancasila and Citizenship Education in Shaping the Character of citizens who have the aim of creating excellence and intelligent citizens.
4	Tiara	2020	Civics and BK teacher	The results of the study indicate that the formation of student character in schools can be carried out optimally if teachers, especially Pancasila and Citizenship Education teachers collaborate with Counseling Guidance teachers. Collaboration is carried out in the form of giving assignments to the preparation of student activity journals assigned by Pancasila and Citizenship Education teachers. The activity journal is compiled based on the input of the

			Counseling Guidance teacher after the students conduct counseling related to the activities they report. Through this activity journal, Pancasila and Citizenship Education teachers can identify obstacles in character formation and then find solutions together with Counseling Guidance teachers.	
5	Riswanto	2019	Civics and BK teacher	Strengthening the values of Pancasila and Nationalism for students by counselors can instill a high spirit of nationalism and love for the homeland, and from this high spirit of nationalism, quality human resources are born for the development of the nation and state.
6	Fitriani	2019	Citizenship Education Teacher and Counseling Guidance	The results of the study found that the pattern of cooperative relationships carried out by Counseling Guidance teachers and Citizenship Education teachers in inculcating moral values to students was in the form of work programs, namely arranging rules, supervising the implementation of discipline, registering problematic students, and providing sanctions. Efforts to inculcate moral values are carried out, among others, socialization of moral values in learning, giving examples, habituation, and guidance services.
7	Widiatma ka	2022	Civics and BK teacher	The results of the study show that the role of teachers who support Civics in the era of society 5.0 through the student counseling method to form social character is less than optimal, because there are still many teachers who do not have pedagogic competence, especially the use of online learning media or distance learning.
8	Hidayanto	2018	Guru PPKN dan BK	The role of BK is to assist and encourage services to all students to accelerate their studies by providing advice in order to filter out negative actions that are not in accordance with Pancasila and religion. In this case the role of BK must join with religion teachers and PPKN to help better students in Indonesia.

Results

Pancasila and Citizenship Education Teachers in carrying out their roles as mentors, have the task of assisting students in overcoming difficulties in the learning process (Lena, 2019). Teachers as moral agents contribute to fostering the morals of the community and students, as well as supporting development efforts (Santoso et al., 2021).

Strengthening the values of Pancasila and nationality in students at school can start from simple things that are routinely carried out on a

regular basis, one of which is the flag ceremony which is held on Monday mornings, this weekly activity can indirectly instill Pancasila values and nationality in students if carried out in accordance with the rules, one of the rules that can instill these values is if the flag ceremony is carried out with full appreciation and is interpreted by all ceremony participants including teachers and school staff (Widiatmaka, 2022).

BK service is a professional job. Professional work must be carried out by following the rules that ensure the efficiency and effectiveness of the process and its results. In the implementation of BK services, these rules are known as BK principles, namely the

provisions that must be applied in the implementation of services. If these principles are followed and implemented properly, it is hoped that the service process will lead to the achievement of the expected goals. On the other hand, if these principles are ignored or violated, it is very feared that the activities carried out will actually be contrary to the objectives of the BK, and even harm the people involved in the service, as well as the BK profession itself. The principles in question include confidentiality, volunteerism, independence, openness, presentness, activity, dynamics, integration, normativeness, expertise, transfer of hands, and *tut wuri handayani* (Hamidah, 2022).

In general, the purpose of counseling services is to try to help counselees to: (1) plan activities for completion of studies, career development and life in the future; (2) develop all its potential and strengths as optimally as possible; (3) adapt to the educational environment, community environment and work environment; and (4) overcoming the obstacles and difficulties encountered in the study, adjustment to the educational, community and work environment (Jannah et al., 2021).

Some indicators of habituation activities carried out by civic education teachers and counseling guidance in instilling moral values to students include the following. By getting used to maintaining cleanliness. The teacher always invites students to maintain the cleanliness of the school environment, especially the classroom. The level of student discipline in maintaining cleanliness seems to be lacking, as evidenced by the frequent finding of garbage scattered on the floor, such as candy wrappers and snacks. In order for students not to repeat it again, the teacher takes the initiative to stop teaching for a while if the class still looks dirty. The teacher will continue teaching again when the class has been cleaned (Putri & Dewi, 2021).

Get used to throwing trash in its place. The teacher always invites students to get used to throwing garbage in the trash cans that have been provided. The habit of students throwing garbage on the floor and in any place has made the classroom environment look dirty. Besides in the form of concrete actions, the moral message to dispose of garbage in its place is also always conveyed during learning. Respect and respect others. Teachers always get used to respecting other colleagues regardless of social status, for example with school

guards, janitors, and canteen guards (Zahra & Dewi, 2022). This is done with the aim that students can also be more respectful and respectful of others not because of their status and work, but based on respect for fellow human beings. The patient habit applied by the teacher will appear for example when guiding students who have learning difficulties and guiding students who are very naughty. The moral value that the teacher wants to bring up with this patient attitude is so that students can better interpret life, not easily give up, never give up, and try to be better. (Sihombing & Lukitoyo, 2021).

Conclusion

Strengthening Pancasila and national values can instill and foster a high spirit of nationalism and love for the homeland, from this high spirit of nationalism, personalities who have good and quality human resources will be formed, which are able to sustain the nation's civilization in the future. In the future, it will become a bulwark against the influence of foreign cultures that can damage the harmony of the nation, and prevent acts of radicalism that can break the unity and integrity of the nation and damage the life of the nation.

Counselors at schools gain understanding through Pancasila and national values to further provide reinforcement of these Pancasila and national values to students, with the aim of fostering a high spirit of patriotism and a spirit of nationalism, for that school counselors are required to gain a complete understanding of the values. These values are a form of service to the nation and state.

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