



The role of Guidance Counseling Teachers (BK) in Finding Positive Personality in Class VIII (Eight) Students at SMP Negeri 2 Rantau Utara

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Abstract

This research uses a qualitative approach. Researchers obtain the required data directly from respondents in the field. The technique used in collecting research data is through interviews. The results of this research will be presented in the form of words that do not use statistical techniques. This research was conducted determine the role of guidance and counseling teachers in developing positive personalities in class VIII students at SMP Negeri 2 Rantau Utara. Based on the results of the interview, it can be concluded that although it is not yet perfect due to inadequate facilities, the role of the BK teachers at SMP Negeri 2 Rantau Utara in developing positive personalities for class VIII students has been carried out well, namely by carrying out character development, making a fixed schedule and collaborating with the school principal, subject teachers. This can be proven by the reduction in class VIII students who violate school rules,

Keyword: *Role, Counseling Guidance, Positive Personality*

PRELIMINARY

It is recognized by all Indonesian people that in providing education to children today they must be more careful and must not be careless in the slightest. Especially children who are at the age where they are trying to find their identity as humans. At this age, they will usually find and look for shortcuts to achieve their goals in the life they are facing. Therefore, in dealing with this matter, parents as people who have the right to the child are expected to be more careful and always alert in bringing their child

together with people who will influence the child's positive personality because they will continue to remember all the forms and circumstances that arise. exist or have occurred in their daily environment. Things that usually influence the character of children from parents are the forms of words and actions that parents usually show to children. Words spoken by parents can become actions for children. What determines whether a child's behavior is good or bad is the parent's words because from words, actions emerge. Prawira (2012) said that actions that are

continuously carried out will create habits and develop into habits. If these words come from a clear and mature mind, it will create a personal character and behavior in the child that is firm, and leads to positivity. In essence, parents in educating their children must use words and actions that are correct and in accordance with Islamic principles so that they can be accountable before Allah.

Apart from socializing in the family environment, children will socialize as students in educational institutions, both public schools and madrasas. At school, children must be able to adapt themselves to all existing conditions and must understand and follow all existing regulations. Not a few students fail to adapt to school, which causes them to not feel at home in the school environment and this is a very natural thing, it can be said to be a process of adapting to their environment. If students fail to socialize and adapt at school, then students are likely to engage in deviant behavior. An example is when students don't feel at home or feel comfortable at school they will often play truant and when they miss school they are likely to do bad things such as smoking and so on. So the person who has an important role in dealing with problems that may occur is the guidance and counseling teacher, because the guidance and counseling teacher is the party who is at the forefront in dealing with problems related to students. Based on the statement above, it can be indirectly

concluded that after parents, more or less guidance and counseling teachers also have an influence on student behavior.

In schools, guidance and counseling teachers are really needed to support character formation in students. Guidance and Guidance Teachers act as educators who have the responsibility to create prosperity for students by providing assistance to students in dealing well with the problems they are experiencing. It is hoped that this will be able to have a good influence on students so that they can solve their problems independently. Basically, guidance and counseling teachers have a role as a companion for students both in academic matters such as studying, helping students find their identity, helping students find their desires and aspirations, and helping students find alternatives that can be done to achieve these goals. Guidance and counseling teachers are also expected to be able to help resolve problems faced by students such as complaints when studying, problems with friends at school and even problems outside the school environment such as problems faced in the family environment.

Guidance and counseling services can be used as a means of creating mutual prosperity without harming either party, not giving punishment to students who are naughty, but giving appreciation to students who have achievements. Guidance and guidance teachers must understand that each student has a different family background

from one another. These differences in background determine the nature and behavior of each child. The real proof of this statement is that there are students who obey the teaching staff, are persistent in learning, and always pay attention to the teacher who is teaching. Likewise, there are also students who are disobedient to the teacher and don't even pay attention to the teacher who is teaching. What needs to be emphasized when carrying out character development is instilling and teaching good manners and good manners, because these things can be used as determinants of each student's personality. Character is a person's habit of responding to something which later becomes his or her characteristic which is applied in goodness in words and actions (Ngainum Naim, 2012: 51).

Developing student character requires greater attention because at school positive characters are habits, behavior that show positive values in aspects of life, while negative characters are habits and behavior that show negative values in aspects of life. At home, it is not uncommon for parents to experience difficulties when educating their children, so quite a lot of parents choose schools to educate their children because schools have a good effect in developing their children's character to create positive personalities. Not only that, the large number of parental activities is one of the causes of children's behavior leading to negative things.

So parents must filter out educational institutions that clearly monitor schools that really pay attention to the behavior of all their students one by one. Character is the most important aspect in creating a person's qualities so that they are able to become a human being who behaves in a noble manner. If someone has good personal qualities and always develops them, that person will be useful to the people around them. Character is the quality of a person's morals and morals which is a special characteristic in encouraging and moving and becomes a differentiator between one another. Character development is a system that instills good values in students through knowledge, abilities and actions in carrying out kindness towards themselves and others. Therefore, the need for character is a very serious problem to study. This is what sparked researchers' interest in researching the role of guidance and counseling teachers in developing the behavior of class VIII students at SMP Negeri 2 Rantau Utara. This research was located at SMP Negeri 2 Rantau Utara and focused on the behavior of class VIII students because usually class VIII students are students who have just entered their early teens and are eager to find themselves because when they were in class VIII they were still focused on socializing and when they later class IX they will focus on studying.

Methods

This research is research that uses a qualitative approach. Researchers obtain the required data directly from respondents in the field. The technique used in collecting research data is through interviews. The results of this research will be presented in the form of words without using statistical techniques. This research was conducted to determine the role of guidance and counseling teachers in developing positive personalities in class VIII students at SMP Negeri 2 Rantau Utara. This research was located at SMP Negeri 2 Rantau Utara Jl. Ir. H. Juanda, Bina Raga, Kec. Rantau Utara, Kab. Labuhanbatu, North Sumatra. The primary data for this research is data about the role of guidance and counseling teachers in fostering positive behavior in class VIII students at SMP Negeri 2 Rantau Utara. The data source comes from the BK teacher at SMP Negeri 2 Rantau Utara. Not only that, related books and journals are also used as a theoretical basis.

Research And Discussion

Guidance and Counseling Teachers (BK) have a very important role for schools in paying attention to, monitoring and creating students with good personalities. To develop all the abilities possessed by students, guidance and counseling teachers achieve this goal through a learning process in various aspects. Apart from that, the guidance and counseling teacher is also a figure in charge of

fostering the formation of morals and good values in students. Mulyasa said that as teaching staff, guidance and counseling teachers are tasked with exemplifying these good values to students as the next generation so that they will be able to create other new good values. (Mulyasa, 2007:18).

Guidance and counseling services have a significant role in efforts to achieve educational goals in Indonesia. It is hoped that the existence of guidance and counseling in schools will be able to develop students' positive personalities by providing motivating education. Guidance counseling can also be used as a forum for accommodating all forms of complaints experienced by each student (Tohirin, 2007: 257).

In the SKB of the Minister of Education and Culture and the Head of BAKN No. 0433/1993 and No. 25 of 1993 concerning the implementation of functional teacher positions and credit numbers in article 1 paragraph 4 states that BK teachers are teaching staff who have duties and responsibilities in guidance and counseling activities for a number of students. Guidance and Guidance Teachers are individuals who have special duties as supervisors and are different from subject teachers both from a conceptual and operational perspective.

Based on these regulations, it can be concluded that in schools there are teaching staff who carry out guidance and counseling

activities who are called BK teachers. From this statement it can also be understood that the duties and responsibilities of guidance and counseling teachers are different from the duties carried out by field of study teachers. The existence of guidance and counseling services is a manifestation of the efforts of educational institutions to deal with various problems that occur in the school environment, one of which is the issue of positive personal development for students who are in their early teens. Psychologically, students who are in junior high school/MTs are students in their early teens who are entering puberty, so at that age they experience instability and really need guidance.

Based on the results of interviews conducted with the school principal, he said that the guidance and counseling teachers at MTsN 2 Medan had carried out guidance and counseling well even though it was not as optimal as it should be, this could be seen in the students' daily behavior. The principal of SMP Negeri 2 Rantau Utara said that students' positive behavior must always be improved and developed because this has a big influence on the child's future. Positive behavior can be seen from students' daily activities such as the way they communicate and from their level of concern for the school environment. The guidance and counseling teacher at SMP Negeri 2 Rantau Utara said that there were

several class VIII students who were passive at school, quiet and rarely completed assignments submitted by the subject teacher. There are several class VIII students at SMP Negeri 2 Rantau Utara who do not pay attention to the teacher when teaching in class and do not ask questions when they feel they do not understand the lesson being taught. This becomes an obstacle to increasing students' positive behavior because students feel normal when they do not do their assignments and even skip classes when teaching and learning activities take place in class. Students are used to things that are actually not good for them.

KN, a class VIII student, said that he sometimes lacked enthusiasm in studying, as well as MRD, he was sometimes lazy about studying mathematics, so when studying he rarely paid attention. In overcoming this problem, guidance and counseling teachers must always provide education and motivation to them. This often happens because they have not found a learning method that suits them. In this case, the guidance and counseling teacher must provide understanding and motivation to them so that they understand the consequences of the actions they take. Guidance and counseling teachers must also always pay attention to their students so that they do not do anything that has a negative influence on their own personality.

The first thing a guidance and counseling teacher does to develop a positive personality for class VIII BK students at SMP Negeri 2 Rantau Utara is to carry out character development. According to Munir, a pattern of thoughts, attitudes or actions that is very strongly attached to a person and is difficult to remove is called character. Building student character at school is one of the tasks of guidance and counseling teachers, this is related to the function of guidance and counseling as self-understanding as well as prevention and healing (Abdullah Munir, 2010: 3). The character development carried out by the BK teacher at SMP Negeri 2 Rantau Utara is to provide a good example to students through the teacher's habits every day at school. He also invited other teachers to always include moral values in every lesson, give appreciation for every achievement made by students, and always provide inspiration to students as support so that they always try to do good. All these efforts must be carried out with good, gentle speech and the correct choice of words so that students can understand well and take good value from every moral message conveyed by the teacher because teachers are the parents of students at school who are used as *tedan*.

The purpose of character development is to make it easier for students to understand themselves, understand their nature as students, and understand the consequences of

every action they take. It is hoped that this character development will be able to create students who are intellectually, socially and spiritually intelligent, and able to apply honest, disciplined and diligent attitudes in their daily lives. This character development will also help students control their emotions so that they are able to face and solve all the problems they face well.

Apart from that, guidance and counseling teachers must always make every effort to deal with the problems faced by students, especially problems related to the formation of positive personalities in students in their early teens. To improve learning outcomes, students must receive attention which usually comes from guidance and counseling teachers which is usually done with guidance and counseling. With this counseling guidance, it really helps students to understand their own formation. This stage begins with planning, implementation, evaluation, analysis, follow-up and reports.

The implementation of counseling guidance greatly influences the development of students' positive attitudes, especially towards students who have low motivation. Based on the results of interviews conducted with the BK teacher at SMP Negeri 2 Rantau Utara, he said that the students of class VIII BK SMP Negeri 2 Rantau Utara had begun to improve their positive personalities. This is shown by the positive response of students

and various activities in the learning process which have increased and they also seem more enthusiastic about learning. In implementing this counseling service, cooperation from all school parties is needed, both between guidance and counseling teachers, subject teachers, class teachers, and with the students themselves as participants in the counseling guidance service. This collaboration is aimed at ensuring that counseling guidance runs well, and provides benefits for schools, especially for students in helping to improve students' positive personalities.

The role of the guidance and counseling teacher at SMP Negeri 2 Rantau Utara in developing positive personalities for class VIII BK students at SMP Negeri 2 Rantau Utara has been carried out well, but it cannot be called perfect because the facilities and infrastructure at the school are still very lacking. However, despite this, in an effort to develop positive personalities in students, the guidance and counseling teacher at SMP Negeri 2 Rantau Utara can be said to be successful and capable when dealing with students' early teenage years. This statement is proven by the fact that the number of students who violate school rules, such as being late, fighting teachers or even smoking, has decreased compared to previous years. So it can be concluded that the guidance and counseling teacher at SMP Negeri 2 Rantau

Utara has succeeded in developing positive personalities for class VIII students.

The role of the guidance and counseling teacher at SMP Negeri 2 Rantau Utara has been carried out well because the guidance and counseling teacher carries out counseling activities supported and assisted by the school principal and teachers. Guidance and counseling activities Counseling guidance at SMP Negeri 2 Rantau Utara does not have a fixed and regular schedule because counseling guidance can be carried out at any time by students in the guidance and counseling room. According to the custom that occurs at SMP Negeri 2 Rantau Utara, counseling activities are carried out during breaks or during free hours so that the teaching and learning process is not disturbed, but when there are students who do counseling during free hours or breaks but until the free hours are finished the counseling guidance has not been completed, the guidance and counseling teacher can ask permission from the teacher teaching at that time to complete the counseling guidance.

Conclusion

Based on the results of interviews conducted by researchers with the school principal, he said that the guidance and counseling teachers at MTsN 2 Medan had carried out guidance and counseling quite well, although not as much as they should, this

was shown by the appearance of students' daily behavior when they were in the school environment. The principal of SMP Negeri 2 Rantau Utara said that students' positive behavior must continue to be improved and developed because this affects the student's future. The guidance and counseling teacher at SMP Negeri 2 Rantau Utara stated that there were several class VIII students who were passive when in the school environment, rarely spoke and also often did not complete the responsibilities given by other teachers, then there were also several students who when the teacher taught in front of the classroom they don't pay attention or even don't care about what the subject teacher says, sometimes even when they don't understand they don't ask for more details so they understand.

The first thing a guidance and counseling teacher does to develop a positive personality for class VIII BK students at SMP Negeri 2 Rantau Utara is to carry out character development. The character development carried out by the BK teacher at SMP Negeri 2 Rantau Utara is to provide a good example to students through the teacher's habits every day at school. He also invited other teachers to always include moral values in every lesson, give appreciation for every achievement made by students, and always provide inspiration to students as support so that they always try to do good. The role of the guidance and counseling teacher at SMP

Negeri 2 Rantau Utara in developing positive personalities for class VIII BK students at SMP Negeri 2 Rantau Utara has been going well, but is not yet perfect considering that the facilities available at the school are still lacking. However, even though the available facilities are not yet optimal, the role of the guidance and counseling teacher at SMP Negeri 2 Rantau Utara has been competent and can be said to be successful in the matter of positive personal development of students when facing the students' early teenage years. This is proven by the fact that there are far fewer problems being processed than usual. Students who violate school rules such as tardiness, smoking, fighting against teachers or other negative attitudes of students are a form of indiscipline.

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