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Use of Expressive in Interpersonal Communication of Students who Need Counseling Services at SMP Negeri 56 Palembang

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Abstrak

Language is the ability to express desires and needs through communication. The function of language is basically a statement of thoughts or feelings as a tool for communication, carried out in writing or orally according to the opportunity to express language with its relative scientific power. Not all students at SMP Negeri 56, especially in interpersonal communication, are able to express their feelings using expressive language. It was identified that 1 to 3 people in each class like to make noise based on expressive language, causing negative impacts such as bullying among their friends. This research aims to determine the use of expressive language in interpersonal communication of students who need counseling services. The research uses quantitative descriptive methods. The research sample consisted of 62 students from classes VII A and VII B. Data collection techniques used questionnaires and documentation. Data analysis uses the percentage formula (F/N X 100%). The results of this study indicate that the frequency of each use of expressive language in interpersonal communication is in the very low category which requires counseling services. Expressive language was 30 students with a percentage of 48% and interpersonal communication was 33 students with a percentage of 53% of the total number of respondents. Based on the data that has been processed and analyzed, it can be concluded that the use of expressive language in students' interpersonal communication is in the very low category so that counseling services are needed so that the implementation of this communication can run well, of course the language factor and the way it is expressed need to be taken into account.

Keywords: Expressive Language, Interpersonal Communication

ABSTRAK

Bahasa yakni kemampuan untuk mengungkapkan keinginan dan kebutuhan melalui komunikasi. Fungsi bahasa pada dasarnya merupakan pernyataan pikiran atau perasaan sebagai alat untuk komunikasi, dilakukan secara tertulis maupun secara lisan sesuai dengan kesempatan untuk mengekspresikan bahasa dengan daya relatifnya secara ilmiah. Tidak semua siswa di SMP Negeri 56 khususnya dalam komunikasi interpersonal mampu menyatakannya perasaan dengan bahasa ekspresif, teridentifikasi 1 sampai 30rang disetiap kelas suka ribut dilatar

belakangi bahasa ekspresif sehingga menimbulkan dampak negatif seperti pembullyan sesama teman. Penelitian ini bertujuan untuk mengetahui penggunaan bahasa ekspresif dalam komunikasi interpersonal siswa yang membutuhkan pelayanan konseling. Penelitian menggunakan metode *deskriptif* kuantitatif. Sampel penelitian berjumlah 62 siswa dari kelas VII A dan VII B. Teknik pengumpulan data menggunakan angket dan dokumentasi. Analisis data menggunakan rumus presentase (F/N X 100%). Hasil penelitian ini menunjukkan bahwa frekuensi masing-masing dari penggunaan bahasa ekspresif berkomunikasi interpersonal pada kategori sangat rendah yang membutuhkan pelayanan konseling. Bahasa ekspresif sebanyak 30 siswa dengan persentase 48% dan komunikasi interpersonal sebanyak 33 siswa dengan persentase 53% dari jumlah responden. Berdasarkan data yang telah diolah dan dianalisis maka dapat disimpulkan bahwa penggunaan bahasa ekspresif dalam komunikasi interpersonal siswa masuk dalam kategori sangat rendah sehingga diperlukan pelayanan konseling supaya penerapan komunikasi tersebut dapat berjalan dengan baik tentu dari faktor bahasa dan cara pengekspresifnya perlu diperhatikan.

Kata Kunci: Bahasa Ekspresif, Komunikasi Interpersonal

Introduction

All humans are social creatures who cannot live alone in their daily lives. In everyday life, people cannot live without communication. The human need for communication is to satisfy the need to be loved, appreciated and other needs. Communication is a means for humans, including students at school, to obtain the learning process. to meet the needs of learning outcomes at school. Communication takes place simultaneously with teachers, friends, parents and other school personnel. So students must have good communication skills to be able to interact well and correctly.

In this communication, a person and another person has two directions, namely reciprocal communication, for example the communicator plays an active role in providing information about something new, so that if there is an agreement there will be an agreement, conversely there will be conflict if there is no agreement.

Communicating correctly and precisely cannot be separated from the use of language, because language has a lot of influence on human survival. Language is a tool that humans use to communicate and interact in everyday life with other people, both individuals and groups. The language

used in everyday life is a communication reality that takes place in interaction. One form of language is expressive language. Expressive language is language that expresses thoughts and feelings, in language it cannot be separated from the speech acts used in communication. Language appears in the form of individual actions or speech acts. Language skills accompanied by good speech acts can influence interpersonal communication with peers, teachers and the community. If students do not have language skills accompanied by poor speech acts in communicating, it is feared that they will experience difficulties in social development at the next stage. The various behaviors shown by students at school in communicating through interactions with peers generally have different behavioral characteristics.

A social phenomenon that is often encountered at school is that some students experience difficulty in communicating with other students. Various causes include; ethnic differences, feeling embarrassed to interact with other students, still having a high ego, lack of self-confidence when communicating with peers.

Various behaviors of students who show an inability to use expressive language which can give rise to conflict in adolescence are inseparable developments in the search for self-identity. often they experience an identity crisis; There was a case of bullying or bullying in Ciwidey, Bandung Regency. The bullying occurred in class. Previously there was an argument between the victim and the perpetrator which ended in beatings, the victim was hit on the arms and chest. This action was known by the school, the school has also carried out mediation with the victim, perpetrator and witnesses. Based on the results of mediation between the perpetrators and victims, the bullying occurred due to a misunderstanding about the victim's post on social media, based on information from the school that this case had been resolved amicably (Elgana, 2023) Apart from that, there was a case of premeditated murder of a family in Prajenan hamlet, Magelang Regency, Central Java. Revealing new facts that named the victim's second child as a suspect in this case. From the results of the examination carried out, the perpetrator admitted that he was hurt because he was asked to support his family. The suspect had previously attempted murder but failed. The reason the suspect did this cruel thing because of a lack of communication between the family and was driven by feelings of hurt because his parents paid more attention to his older sister. Due to the lack of communication within the family, the suspect made his own conclusions about the problems he was facing and determined his own solution (CNN, 2023).

The next social case occurred at MTS Gresik, where the principal beat 15 female students for having snacks outside the school even though they had been warned not to snack outside the classroom. After further examination and examination of witnesses, the suspect was found guilty of being charged under the Criminal Code

articles regarding abuse and child protection articles. The school foundation has visited the victim's family and apologized directly, the suspect in this case has also been fired by the foundation and no longer teaches at the MTs (Aksanah, 2023). In the various cases of bullying mentioned above, it turns out that this behavior related to expressive language, communication ethics also occurred at SMP Negeri 56 Palembang. The student's behavior; There are some students whose interpersonal communication skills are not good. Identified 1 to 3 students per class, often causing trouble among students starting with rude actions and words towards other students, calling them dirty words, calling them names of animals which seemed to corner and offend them. There were also students who were ignorant of calling their friends names. his parents' names. Students' etiquette when speaking to teachers is also arbitrary, as if the teacher is only considered a friend, they act with little respect for other people when they meet the teacher, calling them in a disrespectful way by shouting from a distance. There are students who do not have an attitude of tolerance because of ethnic and religious differences, there are students who intimidate, bully and ostracize other students because of these differences.

From the description presented, researchers are interested in studying in depth the use of expressive language in interpersonal communication for students who need counseling services.

Research Methodology

The research methodology used is quantitative descriptive. The data collection method used in this research is a questionnaire. The data analysis technique used is Descriptive Percentage Analysis.

Results and Discussion

The use of expressive language in students' interpersonal communication is based on data obtained in the field and tabulated calculation results which can be seen in the table below:

Table 1 Tabulation of 	Students' Use	of
Expressive La	nguage	

Jawaban Responden											
No. Res	SS	Jawa S	ban Res RG	ponden TS	STS	Skor Total					
1.	14	7	4	2	4	31					
2.	9	4	7	9	6	35					
3.	11	9	- 8	5	4	37					
4	5	6	9	10	4	34					
5	10	8	13	2	2	35					
7	7	12	5 8	5	5	34 50					
8	11	25 29	9	9	5	53					
9	8	12	3	6	2	31					
10	11	18	10	4	6	49					
11	9	5	15	9	11	49 35					
12	20 17	6 20	5	3	5	50					
14	9	7	15	6	10	47					
15	6	9	7	4	8	34					
16	13	6	11	11	9	50					
17	8	10	7	5	4	34					
18	12	7	0	6 16	6	33 48					
20	5	21	5	2	0	33					
21	31	8	9	2	1	51					
22	22	10	6	8	5	51					
23	10	3	8	2	10	33					
24 25	30 5	9 8	7	3 10	7 4	50 34					
26	19	20	1	5	3	48					
27	21	8	0	1	2	33					
28	26	15	3	2	5	51					
29	11	16	8	11	4	50					
30	17	5	9	8	10	49					
31	9	12	3	8	3	35					
32	14	9	5	2	2	32					
33	18	6	11	7	8	50					
34	8	19	7	3	14	51					
35	10	0	9	4	10	33					
36	16	9	15	7	7	54					
37	8	2	6	14	3	33					
38	15	7	10	8	5	45					
39	4	6	18	5	1	34					
40		8		4	5	45					
	12		16								
41	7	10	8	6	2	33					
42	10	15	9	12	6	52					
43	8	11	5	7	2	33					
44	16	9	3	8	9	45					
45	6	9	14	0	6	35					
46	18	9	4	7	5	43					
47	15	6	8	2	3	34					
48	16	4	10	0	3	33					
49	19	8	5	9	12	53					
50	9	15	6	4	17	51					
51	14	8	9	0	2	33					
52	10	6	3	18	11	48					
53	15	5	7	2	5	34					
54	11	7	2	8	7	35					
55	4	8	3	9	20	44					
56	6	8	17	5	16	52					
57	10	6	3	8	14	41					
58	10	15	9	12	6	52					
59	14	9	5	2	2	32					
60	5	6	9	10	4	34					
61	11	18	10	4	6	49					
62	9	3	8	2	10	32					
Jumlah 2562											
Rata-rata 41,32											

Based on table 1 above, it can be seen that the data shows that the average respondent's answer is 41.32, with the highest score being 54 and the lowest being 31. Then, if you look at the grouping of aspects and indicators for each item, the processing results are depicted in table 4.2 below:

Table 2 Tabulation of Interpersonal Communication

Section Sect	No. Res			Clean total			
2. 9 11 5 3 5 33 3. 10 12 9 1 3 3 35 4 7 7 15 12 6 2 42 5 5 5 25 14 8 8 4 56 6 3 18 10 6 9 46 6 8 10 12 9 1 3 335 9 3 20 4 3 1 31 10 5 21 23 7 7 63 11 9 7 15 6 10 47 11 9 7 15 6 10 47 11 9 7 15 6 10 47 11 9 7 15 6 10 47 11 9 7 15 6 10 47 11 9 11 5 3 5 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3	No. Res						Skor total
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59 10 12 9 1 3 35 60 8 4 16 18 8 54 61 10 12 9 1 3 35 62 7 15 12 6 9 49 Jumlah 2661	58	9	7	15	6	10	47
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Kata-rata 42,91							
			Raid-I	aid			42,51

Table 2 above shows the respondents' answers based on groupings of two aspects of expressive language and interpersonal communication with 5 indicators each, showing that the average of the respondents' answers is not much different, namely 4.3 (42.91) and the item indicators, overall research aspects with each each.

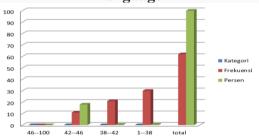
The data that has been processed and depicted in tables 1 and 2 above is then analyzed using simple statistics to find categories for each aspect according to the student's level of achievement or ability to use expressive language in interpersonal communication following the categories in the table below:

Table 3 Categorical Use of Expressive Language

Interval	Kategori	Frekuensi	Persentase		
46- 100	Sangat Tinggi	0	0%		
42- 46	Tinggi	11	18%		
38-42	Rendah	21	34%		
1-38	Sangat Rendah	30	48%		
	Total	62	100%		

Based on table 3 above, it is known that students use expressive language in the highest category (very low) 30 students (48%), and low there are 21 students (34%) and high only 11 students (18%) and very high none who are able to use expressive language at a very high level.

Figure 1 Graphic of Expressive Language



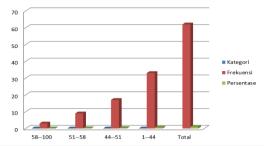
Based on the description of the research results in the diagram above, it can be seen that the percentage of expressive language of students who need counseling services is in the very high category 0%, in the high category 18%, in the low category 21% and in the very low category 48%.

Table 4 Categorical Interpersonal
Communication

_										
Interval	Kategori	Frekuensi	Persentase							
58-100	Sangat Tinggi	3	5%							
51-58	Tinggi	9	15%							
44-51	Rendah	17	27%							
1-44	Sangat Rendah	33	53%							
1	otal	62	100%							

Based on table 4 above, it is known that students use interpersonal communication in the highest category (very low) 33 students (53%) and low there are 17 students (27%) and high only 9 students (15%) and very high there are 3 students (5%).

Figure 2 Interpersonal Communication Graph



Based on the description of the research results in the diagram above, it can be seen that the percentage of students' expressive language who need counseling services is in the very high category, 5%, in the high category, 15%, in the low category, 27% and in the very low category, 53%.

Table 5 Aspects of Word Development

Aspek	No.		Jawal	Jumlah	Persen%			
	Item	SS	S	RG	TS	STS		
	1	15	16	27	34	29		
Perkembangan Kata (morfologi)	2	20	8	48	32	24	572	9,22%
	3	20	4	39	66	11		
	4	12	33	46	18	35		

Based on table 5 above, it is known that the use of expressive language is related to word development at a level of only 9.22%, which is very low, so it is clear that this group requires counseling services.

Table 6 Description of Semantic Aspects

Aspek	No.		Jawal	oan Res	ponder	ı	Jumlah	Persen
	Item	SS	S	rg	ts	Sts	1	
	5	10	20	30	32	29		
Semantik	6	25	8	27	38	27	512	8,25
	7	20	16	36	48	18		
	8	0	24	42	40	22		

Based on table 6 above, it is known that the use of expressive language is related to semantics at a level of only 8.25%, which is very low, so it is clear that this group requires counseling services.

Table 7 Description of Syntax Aspects

Aspek	No.		Jawa	Jumlah	Rata2			
Aspek	Item	SS	S	Rg	Ts	Sts	Juillian	Rataz
	9	10	16	33	50	20		
Sintaks	10	5	20	42	46	19	525	8,46
	11	30	28	30	32	23		
	12	15	8	27	46	25		

Based on table 7 above, it is known that the use of expressive language is related to syntax at a level of only 8.46%, which is very low, so it is clear that this group

requires counseling services. **Table 8 Description of Phenome Aspects**

	_							
Aspek	No.		Jawa	Jumlah	persen			
Aspek	Item	SS	S	Rg	Ts	Sts		
	13	10	4	39	38	27		
Fenom	14	5	16	18	46	28	476	7,72
	15	10	12	45	50	17		
	16	25	8	3	58	20		

Based on table 8 above, it is known that the use of expressive language is related to phenom at a level of only 7.72%, which is very low, so it is clear that this group requires counseling services.

Table 9 Description of Structural

		1	Asp	ecu	•			
Aspek	No.		Jawa	ban Res	sponder	l	Jumlah	Persen
Aspek	Item	SS	S	Rg	Ts	Sts		
Struktural	17	0	24	42	46	19		
	18	5	12	24	40	30	513	8,27
	19	5	12	30	58	19		
	20	20	20	39	18	31		

Based on table 9 above, it is known that the use of expressive language is related to structural at a level of only 8.27%, which is very low, so it is clear that this group requires counseling services.

Table 10 Analysis of Openness Aspects

14010 10		u j	L D 0		P		DP	
Aspek	No.		Jawa	l	Jumlah	Persen		
Aspek	Item	SS	S	Rg	Ts	Sts		
	1	10	24	6	44	10		
Keterbukaan	2	6	32	39	42	6	424	6,90
	3	5	32	36	58	5		
	4	4	4	48	38	4		

Based on table 10 above, it is known that interpersonal communication is related to openness at a level of only 6.90%, which is very low, so it is clear that this group requires counseling services.

Table 11 Analysis of Empathy Aspects

Aspek	No.		Jawal	oan Res	ponder	ı	Jumlah	Persen
	Item	SS	S	rg	ts	Sts		
	5	15	12	63	40	15		
Empati	6	20	20	39	38	20	476	7,67
	7	20	20	33	34	20		
	8	5	16	27	44	5		

Based on table 11 above, it is known that interpersonal communication is related to empathy at a level of only 7.67%, which is very low, so it is clear that this group requires counseling services.

Table 12 Analysis of Supportive Behavior Aspects

Aspek	No.		Jawal	Jumlah	Persen			
	Item	SS	S	rg	ts	Sts		
	9	20	12	42	44	20		
Perilaku Suportif	10	15	24	45	42	15	540	8,70
	11	10	20	51	34	10		
	12	20	12	36	48	20		

Based on table 12 above, it is known that interpersonal communication is related to supportive behavior at a level of only 8.70%, which is very low, so it is clear that this group requires counseling services.

Table 13 Analysis of Positive Behavioral

		А	rshe	ecis				
Aspek	No.		Jawal	Jumlah	Persen			
	Item	SS	S	rg	ts	Sts		
	13	5	8	57	40	5		
Perilaku Positif	14	15	24	54	28	15	503	8,11
	15	15	16	57	32	15		
	16	5	24	33	50	5		

Based on table 13 above, it is known that interpersonal communication is related to positive behavior at a level of only 8.11%, which is very low, so it is clear that this group requires counseling services.

Table 14 Analysis of Similarity Aspects

Aspek	No. Item		Jawal	Jumlah	Persen			
		SS	S	rg	ts	Sts		
	17	15	8	45	34	15		
Kesamaan	18	10	24	36	56	10	471	7,59
	19	5	8	24	68	5		
	20	20	8	30	30	20		

Based on table 14 above, it is known that interpersonal communication is related to similarity at a level of only 7.59%, which is very low, so it is clear that this group requires counseling services.

Discussion

Discussion of Expressive Language

Expressive language has an important role in communication because expressive language is one of the factors that allows communication to run well. For students, using good expressive language can move them in a positive direction so that they are able to face all demands, difficulties and bear risks in their activities.

The term expressive language is spoken language where facial expressions, intonation and body movements can be

mixed together support the to communication carried out. According to Rahardi in (Apriastuti, 2019) every study of language structure must begin with the study of speech acts, speech acts are a concrete manifestation of language functions which are the basis for analysis. Expressive language can be observed directly and interpreted when communicating so that it stimulates encouragement or generates energy for the emergence of a certain behavior. According to Aisivah, et al (2023) expressive language is a language ability that can be seen and expressed, therefore, improving speaking ability is included in expressive language ability.

The discussion of expressive language will provide two processes, namely acquisition and learning. Language acquisition occurs unconsciously as a result of natural communication. This language activity is experienced by people who have been in social interaction for quite a long time. In contrast to language acquisition, learning refers language accumulation of language knowledge through something that is realized in the form of learned rather than acquired abilities.

Discussion of Interpersonal Communication

Interpersonal communication is essentially form of personal communication. namely face-to-face communication between people which allows each participant to capture other people's reactions directly, both verbal and non-verbal, according to Pontoh in (Pratiwi. 2020). In interpersonal communication there is a process of exchanging information between two or more people whose reactions can be immediately known and vice versa. According to William Schutz in (Rahmi, 2021) that sustainable interpersonal relationships depend on how well they relate to three basic needs, namely: affection, inclusion and control. Communication is said to be effective if it is marked by the existence of interpersonal relationships when we communicate. We not only convey the content of the message but we also determine the level of interpersonal relationships.

According to Sugiyono (2020).successful communication is getting a attention from response or communicant to achieve effectiveness, of course it cannot be separated from the five general qualities that are considered carrying out interpersonal communication and each have their own roles but both aim at the effectiveness of interpersonal communication so that similarities do not require accepting and approving all other people's behavior, equality means accepting another party or giving unconditional positive regard to another party. And it can be concluded expressive language communicating has a very strong connection to supporting success in communication SO that good created. communication is mutual respect and of course increases the relationship for those who convey it, but if the opposite happens then this of course must be corrected so that communication can run smoothly. Good. However, in this research, this occurred when students carried out learning activities at school. The results of the descriptive data show that the use of expressive language in interpersonal communication is mostly in the low category, which can be seen from the frequency of each variable. frequency of the expressive language variable shows the highest number in the very low category as many as 30 students with a percentage of 48% and the frequency of the interpersonal communication variable shows in the very low category as many as 33 students with a percentage of 53% in other words that Ho uses expressive language in interpersonal

communication for students who need counseling services. tend (low). So it can be concluded that the use of expressive language in students' interpersonal communication is in the very low category so counseling services are needed so that the implementation of this communication can run well, of course the language factor and the way it is expressed need to be taken into account.

Conclusion

Based on the data that has been processed and analyzed, it is concluded that the use of expressive language in

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interpersonal communication has a very important role in communication because expressive language is one of the factors that allows communication to run well. Expressive language is also used according to one's way of thinking and understanding, it can be in written form or in verbal discussion. In accordance with the opportunity to express language with its relatively natural power. The results of this study show that expressive interpersonal language in communication is in the very low category as shown in the frequency of each variable.

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