



The Implementation of Discipline as a Promoter of Student Success

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Receive: 11/02/2024

Accepted: 11/02/2024

Published: 01/03/2024

Abstrak

Discipline is an important element in education that can influence students' academic performance. Discipline is defined as the attitude and feeling of obedience and compliance towards values that are considered a responsibility. This study aims to examine the importance of discipline in education and its benefits and implications. The methodology used is qualitative research with a literature review approach, collecting data through journal and book literature to observe social phenomena related to discipline in education. Discipline in education includes appreciation, respect, and compliance with rules, both written and unwritten. Education is a process to improve individuals' abilities, knowledge, and skills through teaching, training, and development. Therefore, education and discipline are two interrelated aspects that play a role in forming quality human resources. In conclusion, discipline in education has an important role in shaping students' character and performance. Consistent implementation of discipline can help create a conducive educational environment and produce individuals who are qualified and ready to face future challenges.

Keywords: Discipline, Education, Students

Abstract

Disiplin merupakan unsur penting dalam pendidikan yang dapat mempengaruhi prestasi belajar siswa. Disiplin diartikan sebagai sikap dan perasaan taat serta patuh terhadap nilai-nilai yang dianggap sebagai tanggung jawab. Penelitian ini bertujuan untuk mengkaji pentingnya disiplin dalam pendidikan serta manfaat dan implikasinya. Metodologi yang digunakan adalah penelitian kualitatif dengan pendekatan studi pustaka, yang mengumpulkan data melalui literatur jurnal dan buku untuk mengamati fenomena sosial terkait disiplin dalam pendidikan. Disiplin dalam pendidikan mencakup penghargaan, penghormatan, dan ketaatan terhadap aturan, baik tertulis maupun tidak tertulis. Pendidikan adalah proses untuk meningkatkan kemampuan, pengetahuan, dan keterampilan individu melalui pengajaran, pelatihan, dan pengembangan. Oleh karena itu, pendidikan dan disiplin adalah dua hal yang saling terkait dan berperan dalam pembentukan sumber daya manusia yang berkualitas. Kesimpulannya, disiplin dalam pendidikan memiliki peran penting dalam membentuk karakter dan prestasi siswa. Implementasi disiplin yang konsisten dapat membantu menciptakan lingkungan pendidikan yang kondusif dan menghasilkan individu yang berkualitas dan siap menghadapi tantangan di masa depan.

Kata kunci: Disiplin, Pendidikan, Siswa

Introduction

Discipline is one of the important elements in education that can affect students' academic achievement. Generally, discipline can be defined as an attitude and feeling of obedience and compliance with values that are believed to

be a responsibility that must be upheld. This is supported by Atmodiwirjo (2000), who defines discipline as a form of obedience and self-control closely related to rationalism, awareness, and the absence of emotion. From this perspective, discipline can be understood as an individual's self-control to comply with rules and

responsibilities. Additionally, according to Suriadi et al. (2022), discipline is an attitude that shows respect, obedience, and willingness to follow applicable rules and the ability to implement these rules without exception, whether written or unwritten. Therefore, based on the experts' definitions, discipline is an important attitude necessary for maintaining responsibility for rules.

Education is a process that must be undergone to improve an individual's abilities, knowledge, and skills through teaching, training, and development. Education is a means and process for achieving intellectual or cognitive intelligence (Mulyadi & Haura, 2019). Thus, education is a crucial aspect of an individual's life to improve their quality of life and personality. Furthermore, according to Sasongko (2018), education is an act that enables students to grow as humans and is a process that benefits both the child and social life. Thus, education can be understood as a process that individuals go through to enhance their skills throughout their development.

Education is the foundation for developing high-quality human resources. In education, discipline is a critical element influencing the success of forming high-quality human resources. Discipline is also a fundamental aspect of character, attitude, and positive behavior formation. This is supported by Anggraini (2010), who states that discipline and education are inseparable aspects; if both are developed and applied consistently and conscientiously, they will positively impact students' behavior. Thus, applying discipline in education helps create high achieving, organized, orderly, and moral human resources.

Various problems arise in education regarding students' discipline. One problem identified by Utami (2019) at SD Gayamsari 01 Semarang is that naughty students tend to bully their peers. This indicates that even elementary school students have disciplinary issues, reflecting poor moral values. Similarly, Saputra and Fitriani (2022) found that students frequently violate basic school rules such as being late, not participating in ceremonies, and skipping classes. This shows that adolescent students have low discipline and are prone to more significant rule violations. Therefore, previous research indicates that students have low morale and disciplinary values, especially in educational settings. Fundamental questions arise: Why is discipline important in education? What benefits can be

gained from consistently applying discipline in education? And what are the implications of discipline in the educational environment? To answer these questions, this journal aims to provide aspects related to the crucial role of discipline in education by conducting in-depth analyses to explore more information about discipline and its impact on individuals, especially students, educational institutions, and society in general.

This article is expected to provide a better understanding of the importance of discipline in education and contribute positively to educational practitioners, including educators and future researchers, to develop efforts to improve the quality of learning and shape a resilient and high-quality generation.

Method

This article uses the Qualitative study, through a library research method which focuses on social phenomena by collecting non-numeric data, such as texts, images, and sounds. The research data is gathered through journals and books to make it easier to observe the topic being studied. Creswell (2014) states that qualitative research methods have the advantage of providing a deep and contextual understanding of complex social phenomena that are difficult to explain with numbers or statistics. From Creswell's opinion, it can be concluded that the qualitative library research method has the strength of providing a deep and contextual understanding of social phenomena, helping researchers capture unmeasurable aspects of social phenomena. The goal of this research is to understand why discipline is important in education, focusing on the benefits and implications of applying discipline in educational settings.

Result and Discussion

Definition of Discipline

Discipline is a behavior that encourages individuals to be obedient and responsible. Lase (2016) states that discipline is a moral attitude that enables individuals to direct and control their behavior, resulting in obedience, compliance, order, and responsibility. Thus, discipline must be developed through a long process with the support of the environment and those involved. According to Arifin (2017), discipline is an effort to arrange someone's behavior to habitually perform tasks and responsibilities, often encouraged by rewards and punishments. Therefore, developing discipline involves

processes and actions, such as appropriate and positive rewards and punishments, to support individual discipline growth.

Functions of Discipline

Discipline is crucial for success in various aspects of life. It involves self-control, perseverance, and personal responsibility. According to Tu'u (2004), some functions of discipline are:

1. **Organizing Life Together:** Discipline helps individuals appreciate others and follow rules to maintain good relationships.
2. **Building Personality:** Discipline in an environment helps shape a person's character over time.
3. **Training Personality:** Consistent practice of discipline leads to a well-ordered and obedient life.
4. **Compulsion:** Sometimes external pressure is necessary to develop discipline.
5. **Punishment:** Rules often include punishments to prevent repeated violations.
6. **Creating a Conducive Environment:** Rules aim to create a safe and conducive environment, requiring everyone to follow them.

Factors Influencing Discipline

In education, discipline affects students' academic performance. According to Adiningtyas (2017), discipline factors include:

1. **External Factors:** These are non-social factors (e.g., learning tools and environment) and social factors (e.g., family, school, community).
2. **Internal Factors:** These include physiological factors (e.g., health) and psychological factors (e.g., interest, motivation, cognitive ability).

Benefits of Discipline in Education

The purpose of discipline in education is to produce obedient and orderly students. Aulina (2013) explains that discipline requires positive support from parents and teachers from an early age. Physical punishment should be avoided

unless necessary for safety. According to Wea and Iswahyudi (2019), discipline helps students become orderly and responsible individuals. Abdullah (2015) adds that discipline at the university level is developed through good communication and helps students act voluntarily. According to Kasingku & Sasarari (2023), discipline helps manage time effectively and achieve goals.

Impact of Discipline in Education

Discipline in education significantly influences character formation. According to Rohmah et al. (2021), the impacts of discipline are:

1. **Discipline in Socializing:** Observed in students' behavior when communicating with others, including respect and politeness.
2. **Discipline in Following Rules:** Schools have rules that must be followed, and consistent application leads to habitual behavior.
3. **Time Discipline:** Teaching discipline helps students manage their time wisely, fostering responsibility and perseverance. Teachers play a role in guiding students to use their time effectively.

Conclusion

Discipline plays a very important role in education because it offers great benefits and has a wide-ranging impact. Through discipline, students are encouraged to develop positive study habits, such as obeying rules, completing tasks on time, and being disciplined in the learning process. Additionally, discipline helps students build responsibility for themselves, their tasks, and their learning environment. Therefore, it is important for parents and schools to collaborate in supporting the development of student discipline by providing support, consistency, and open communication. With discipline, students become more active and efficient in learning, which improves the effectiveness of the teaching and learning process. The discipline skills gained from education provide essential tools for students to face various challenges in real life, whether in their careers, social interactions, or daily activities.

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